

LIFECLOUD 

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Well-being strategy, culture design & performance

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A CONTEXT FOR CHANGE

25% of the population suffers from mental-ill health

75% of the workforce is disengaged

Loss estimates from disengagement:

- Small organisations: from \$10k per person per year
- Organisations of over 100 people: from \$0.5M per year

Organisations are transforming profoundly: a myriad of collaborators with their own aptitudes and skillsets, roles becoming more fluid, new expectations and demands to fulfil while having to respond to a market in constant change.

BRINGING
THE GAP

OUR MISSION

Well-being is at the heart of the future of work: it bridges the gap between the challenges we face and thriving organisations, more agile and more performant. **LifeCloud puts organisation's the most valuable asset first: People.** We use the science of wellbeing at large: neuroscience, behavioural science, psychology and sociology to allow both collaborators and organisations to flourish in a world of perpetual change.



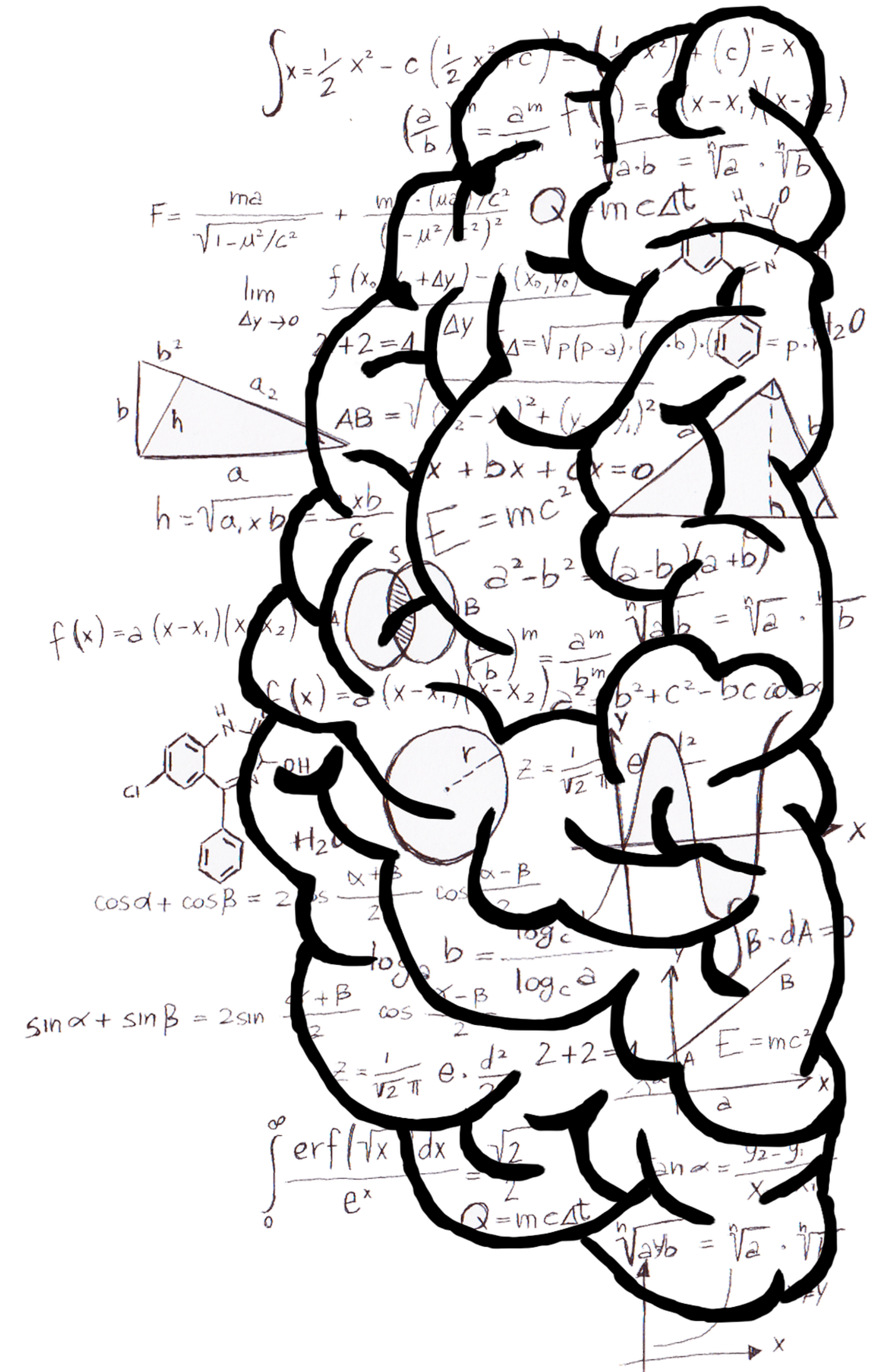
WHAT WE DO

Well-being and happiness at work, is possible.

LifeCloud is a series of systems and tools enabling you to redefine what it means to work with wellbeing in mind and achieve high performance as a result.

OUR SERVICES

- **Consulting:** an in depth analyse, a tailor made design and follow up
- **Talks & targeted Workshops:** Solutions right in your hands



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CONSULTING IN 4 PHASES

#1 CONSULT

Business identity mapping, defining challenges, design a tailor-made well-being strategy

#2 ASSESS

Your "social weather forecast". A periodic survey monitoring happiness & culture to deepen insights into your needs, strengths & weaknesses

#3 DELIVER

From rethinking processes, to resolving conflicts: we support you to transform your culture & optimise for performance

#4 EVOLVE

We help you make sense of the data periodically, provide advice and the tool to reevaluate and readapt.

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OUR 4 WORKSHOP THEMES

THE SCIENCE OF WELL-BEING AT WORK

Accomplishment at work is a neuroscience affair! This series helps you optimise intellectual resources as well as refining interpersonal skills. We explore the key psychological, cognitive and behavioural mechanisms leading to everyday happiness, clarity and performance .

CHIEF HAPPINESS OFFICER'S TOOL BOX

On a mission to make the organisation shine from the inside out, these new ambassadors of happiness are here to stay. Starting with conviviality & engagement, the CHO's role doesn't stop here! From readjusting HR processes, reviewing governance models and even advising strategy: here starts the journey towards the happy organisation.

CULTURE & CHANGE MANAGEMENT

Culture is too important to be left to chance. It is what the organisation depends on for its success and survival. Understanding culture gives you access to new levers & opportunities to grow. Readjusting processes to truly serve your values, bottom line and the well-being of your collaborators is the fastest highway to performance & seamless transformation.

THE ART OF COLLABORATION

Tuning-in a group of talented individuals — with unique personalities & skills — to perform as a collective: the risky bet of all organisations. Collective intelligence is the art of communicating creating, taking up challenges & solving problems with agility as a collective. Let's make everyone's inner genius emerge.

THE SCIENCE OF WELL-BEING AT WORK

- **The Science Essential** — The basics of cognition, emotions & energy at work
- **Setting priorities** — Giving a strong intentional direction to our days
- **Productivity** — The art of doing more with less
- **Relationships** — Conscious interaction for a kinder and more trusting workplace
- **Thinking smart** — Being our smartest, wisest and most creative self
- **Influence & Leadership** — Considering and optimising the impact of all we say and do
- **Resilience** — Managing annoyances, inevitable failures, and setbacks
- **Energy** — Boosting pleasure, appreciation & replenishing our resources
- **Emotional intelligence** — The ultimate tool for collaboration, collective intelligence & conflict resolution

THE CHO'S TOOL BOX

INTRO TALK

- **Future of Work:** The Chief Happiness Officer, neuroscience & well-being at work: proofs of a paradigm change (talk)

CASE STUDIES

- **CHO at the CEO' table:** Well-being as an emerging strategy, serving both employees and bottom line.
- **CHO at the HR's table:** When the science of well-being revisits the on boarding process (and other HR marvels)

IN PRACTICE

- **Measuring well-being at work: How to set up a barometer?**
- **Nourishing our need to belong**
- **Revealing and valorising talents**
- **Cultivating serenity and positivity**
- **Facilitating cooperation**
- **The emphasis on recognition**
- **Redesigning spaces for wellness**

CULTURE & CHANGE

INTRO TALK

- **What is culture anyway?** The 7 elements of business culture
- **The culture MAP:** A tool to identify and understand your organisational culture in depth
- **The 4 pillars of organisational change:**
Understanding the levers of change and their mechanisms

CASE STUDIES

- **Establishing a vision for change:** Bridging the gap between strategy (top-down) & engagement of the whole organisation (bottom-up)

**** In development ****

ZOOM ON THE 7 PILLARS OF CHANGE

- **Communication**
- **Evaluation & Feedback**
- **Decision making**
- **Leadership**
- **Trust**
- **Conflicts**
- **Reasoning**
- **Planning**

THE ART OF COLLABORATION

- **The science of meetings** — From chore to an effective and pleasurable process
- **Collective intelligence** — The art of letting everyone's genius emerge
- **Collective purpose** — Telling a new story by listening evolutionary purpose
- Collective emotional intelligence *** in development ***

LIFECLOUD



SCIENCE OF
WELL-BEING AT THE
SERVICE OF HIGH
PERFORMANCE